

# Curious Parent Forum: SLEEP TRAINING

This class will be provided through Zoom

## Saturday, August 29th, 11am-12pm

Register by calling 805-474-2105 or register online at EventBrite

<https://www.eventbrite.com/e/curious-parent-forum-sleep-training-registration-117343243801>

(Please copy and paste the link above in to your search engine to register online)



**This class will cover all the basics you need to help maximize your child's sleep potential. You will learn the basic science of sleep and the top five keys for sleep success. Plus a Q & A will be offered at the end to answer your specific sleep questions!**



**Kerrin Edmonds is a Certified Pediatric Sleep Consultant, Happiest Baby on the Block Educator, and Early Interventionist for Sleep. She lives in San Luis Obispo's North County with her husband and three kiddos.**



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